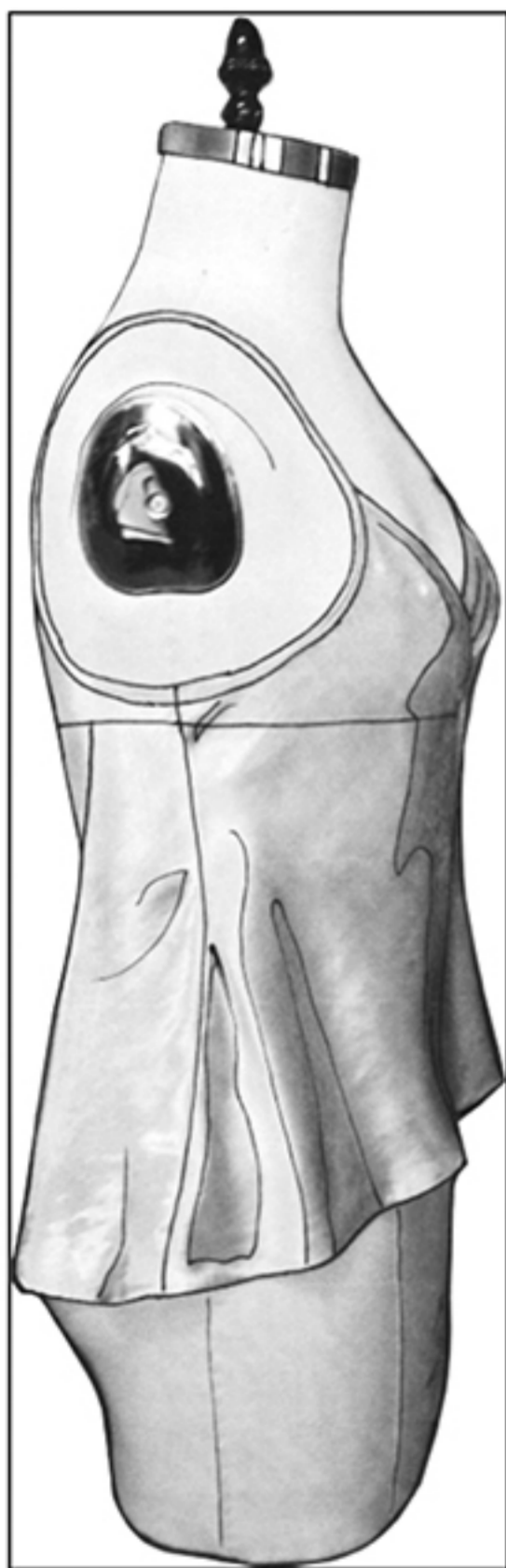


Reinvent a nightgown into a chemise!

UPCYCLED HIGH/LOW HEM CHEMISE

Many Paganoonoo blouses feature a high-low hem and are fashioned from dress shirts.



Because most dress shirts made of cotton or other woven fabrics, they tend to ride up in the back along the top of pants or skirt (especially if you are pear-shaped / round bottomed like me). Not flattering.

A chemise solves this problem by inserting a silky layer between the pants/skirt and the blouse, allowing the blouse to swing freely.

It is near impossible to purchase a chemise with a high low hem. Upcycle one instead!

Start with a silky slip-type second-hand nightgown (or slip) and hem it to just the right length:

Put on the blouse, then the nightgown over it (a bit awkward but it works). On the nightgown, pin or mark the blouse hem center front, center back, and sides.

Take off the nightgown; arrange it with the side seams together and lay it flat so the front is folded on itself and the back is folded on itself. Pin it to prevent shifting.

Join the marked points with line. Make a second line 1" above the first. Cut through the higher line. Add a $\frac{1}{4}$ to $\frac{1}{2}$ folded and stitched hem.

The finished hem should be about 1.5" - 2" shorter than the blouse.

Your blouse will hang beautifully! Enjoy.